

**CARING HANDS SUGGESTS THESE ITEMS TO DONATE -
WE CAN ALWAYS USE THESE ITEMS.**

BOXES/BAGS	CANS/JARS	BABY ITEMS
1# dry beans, various **	5 oz. Tuna **	boxed cereal
1# grits **	all varieties of soup **	fruits for babies
1#rice, instant/regular **	apple sauce	juices for babies
1# spaghetti/macaroni **		veggies for babies
breakfast cereals (cold)	broth, beef/chicken	
breakfast cereals (to cook)	canned beans	diapers
cake mixes	canned fruits **	baby clothing
coffee/tea	canned juice	
condiments	canned meats/fish	
crackers/cookies	canned tomatoes	
dry milk	canned vegetables	
dry soups/Ramen noodles	chili	
Jell-O and pudding mix	condiments	
Jiffy corn muffin mix **	cranberry sauce	CLEANING/HBA
macaroni & cheese **	evaporated milk	paper towels
mashed potatoes	gravy (all meat types)	toilet tissue
pancake mix	greens	16 oz. dish detergent
pie crust mix	jellies, any flavor	32 oz. laundry soap
rice, tuna, & pasta dinners	mixed vegetables **	soap/toothpaste
single portion items	peanut butter 18 oz. **	cleaning products
stuffing mix	pie fillings	hygiene products
	pork & beans **	towels
	potatoes, sweet	linens
	potatoes, white	adult diapers
	ravioli **	
	spaghetti sauce **	
	spaghetti/meatballs **	MISCELLANEOUS
	tomato paste	egg cartons (½ or 1 doz.)
	tomato sauce	1 quart storage bags
Please remember that out-of-date and opened food can not be distributed.		
If you can provide any of the following items, please let us know at 352-748-2553.		
Otherwise, we must purchase these items just prior to each opening day.		
1# cheese **	1# loaf bread **	1# margarine **
Eggs **	Produce **	Meat **
We have refrigeration capacity for large quantities.		
** Starred items are part of our basic food package for all families. **		
VOLUNTEERS ARE WELCOMED. MONETARY DONATIONS APPRECIATED.		
MAKE CHECKS TO Caring Hands – Mail to 307 Hall St., Wildwood, FL 34785		